



Annual Global Gala

15th Anniversary

Saturday, November 12th, 2022

— VIRTUAL —

Celebrating #OneMillionYogis Giving Back



SAVE THE DATE

 2022 Namaste Award Honoring

Christy Turlington Burns

 Founder & President Every Mother Counts

Saturday, November 12, 8am – 7pm PST/ 11am- 10pm EST/ 4pm-3am GMT

Time (PST/EST/GMT)	Program	Presenter(s)
8am/11am/4pm	Opening	Kayoko Mitsumatsu
	India Live	Prof. Jayadev, Students
9am/12pm/5pm	Guided Meditation	Kino MacGregor
9:25am/12:25pm/ 5:25pm	“108 Sun Salutations” Global Relay #1	Nea Ferrier (U.A.E.), Tara Mitra (Italy), Nihan Hantal (Turkey), Maya Gross (Israel), Anouk Prop (Belgium), Elena Brower (New Mexico)
11am/2pm/7pm	“One Breath One World”	David Swenson (London)
12pm/3pm/8pm	Conversation with “Ambassadors of the Year: Living Yoga”	Harmony Slater, Jeanne Heileman, Kia Miller, Michelle El Khoury
1pm/4pm/9pm	Meditation	Mary Taylor & Richard Freeman (Boulder)
1:20pm/4:20pm/9:20pm	Invocation Chanting & 108 SS	Dena Kingsberg (Australia)

	“108 Sun Salutations” Global Relay #2	Harmony Slater (Canada), Kia Miller (Topanga, CA), Lauren Peterson (Malibu, CA), Ashley Rideaux & Jocelyn Solomon (California), Maneesh Kalra & Bhaga Yoga Team (Japan)
3pm/6pm/11pm	Yoga Nidra	Birgitte Kristen (California)

3:30pm/6:30pm/ 11:30pm	Circle “Yoga, Childbirth and Beyond”	Dr. Britta Bushnell, Pranidhi Varshney, Sarah Ezrin, Deb Flashenberg
5pm/8pm/1am	Film “No Woman, No Cry”	by Christy Turlington
6pm/9pm/2am	Introduction to Christy Turlington	Tamara Jeffries, Yoga Journal Senior Editor
6:10pm/9:10pm/ 2:10am	“Namaste Award 2022” Presentation & Dialogue	Christy Turlington & Kayoko Mitsumatsu
6:45pm/9:45pm/ 2:45am	Closing with YGB Board of Directors	Board Members